



# The Long Cast



THE MONTHLY NEWSLETTER  
NARRAGANSETT CHAPTER/TROUT UNLIMITED

OCTOBER 2004 VOL. 24 #2

## PRESIDENT'S MESSAGE:

Our Entertainment Chairman, **Ed Lombardo**, could not have started this year off any better. He convinced Fly Fishing guide and instructor **Marla Blair** to do a presentation for our first meeting of the season.

Marla's presentation on Fly Fishing for Brook Trout and Northern Pike in Labrador was excellent. I want to thank Marla for doing the show and Ed for arranging it.

This past spring T.U. National kicked off a **Back The Brookie** campaign as I mentioned in our May Long Cast. I will be attending a meeting on October 16, 2004 in Manchester, Vermont with members of the other New England Chapters and councils to try to move this very important project along.

The Mass/RI council will pay the full \$2,000.00 for our participation in the Back the Brookie literature. (The other New England councils will pay the same.)

On September 25, 2004 we had our last float stocking of the year. We had 22 volunteers to help with this project and I would like to thank them all. Their names will be listed in the volunteer section of this Long

Cast.

On October 2, 2004 we had our 3rd Adopt-A-Highway clean up for the year. Because of our busy schedule this month, with the meeting in Vermont and the project on October 23, 2004 with D.E.M. on the Falls River (This is the 'horse project'...more on this a bit later), we had to schedule the highway clean up the same day as the E. Board meeting. At my request, **Dan Beltrami** agreed to oversee the highway clean up. I would like to thank Dan for his efforts and I also want to thank the volunteers that helped Dan. Without all the volunteers that attend our functions, this chapter would be 'out to lunch.' And yes, I did bring the coffee and doughnuts out there.

**Jim Rubovits** asked me to make mention of the volunteers that helped him at our Stream Side meeting in May. I regret that I had to leave the meeting early for personal reasons. It seemed like everyone had a good time, mainly due to the efforts of the volunteers.

On the subject of volunteers, the members of this chapter performed 830 hours of volunteer work this year from September 30, 2003 to

September 30, 2004. All the volunteers should be congratulated for their efforts.

I was asked to have a 'spaghetti dinner and demo' night like we did last year. So if we could get the same volunteers to step forward to help organize this for the January meeting it would be greatly appreciated.

The Mass/RI council meeting was held on Sunday October 3, 2004 at the Fish and Game Association in Marlboro, MA. They will be having their annual Banquet on November 7, 2004 at 3:00 pm. They will be serving pasta and meatballs. Tickets are \$20.00 per person.

The next Mass/RI council meeting will be December 5, 2004 in Marlboro, MA at 10:00 am.

**Lawson M. Cary Jr.**

President, Narragansett Chapter

## Quote of the Month

*Angling may be said to be like mathematics in that it can never fully be learnt.*

*Izaak Walton*

**Meeting dates for this season:**

- 09-29-2004
- 10-27-2004
- 11-17-2004
- 12-22-2004
- 01-26-2005
- 02-23-2005
- 03-30-2005
- 04-27-2005
- 05-25-2005 Stream Side

**Executive Board meeting dates:**

- 10-02-2004
- 11-06-2004
- 12-04-2004
- 01-08-2005
- 02-05-2005
- 03-05-2005
- 04-02-2005
- 05-07-2005

The Executive Board will meet at 9 am at the Silver Spoon Restaurant in Coventry on Rte. 117.

**The Horse Project**

On Saturday, October 23rd, members of the Narragansett Chapter of Trout Unlimited (NCTU) will be constructing some fences along the Falls River to help keep horses and their manure out of the river. We will be working in the Austin Farm bridge area. Rhode Island's D.E.M. is providing the materials.

These fences are designed to allow horses to drink while at the same time keeping their tail ends out of the water.

We will meet at the Check Station on Route 165 at 8:00 a.m. Coffee and doughnuts will be waiting for you when you arrive. Lunch will also be provided. We need your help! Even if you can't do a lot of digging or lifting,

there are still things you can do to help out.

Please sign up by calling Lawson Cary at 401-828-2866 so that we can plan according (especially for the food).

**Back the Brookie**

The national organization is going, to advance the protection of brook trout in watersheds across the East in all its natural habitats. 'Back the Brookie' is in the beginning of what should become an extensively advertised national campaign.

An informative web page has been put up which can be accessed at

[www.brookie.org](http://www.brookie.org)

Lawson will be informing us on the progress of this new campaign when he returns from the regional meeting on October 16th. The 'Back the Brookie' campaign will be discussed by all the NE councils at this meeting.

**Thanks to our volunteers:**

**May Streamside Meeting**

- Chris Metakos
- Mal Rockford
- Bob Paul
- Ray Toegemann
- Walt Perkoski
- Jim Robovits

**Highway Cleanup:**

- Ray Muschiano
- Ray Toegemann
- Bruce Read
- Al Jaffa
- Dan Beltrami

- Tom Moore
- Tom Lyons

**Float Stocking Sept 25th:**

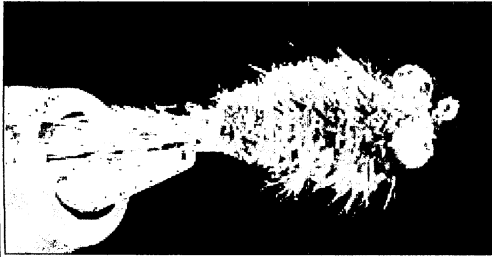
- |                 |               |
|-----------------|---------------|
| Lawson Cary     | Matt Sullivan |
| Dan Beltrami    | John Mello    |
| Fred Eddins     | Bob Orpen     |
| Jim Martish     | Tom O'Connell |
| Wayne Ganim     | Al Ball       |
| Ernie Brewster  | Russ Ahlgren  |
| Brad Pascoe     | Al Truchon    |
| Chris Metakos   | Al Jaffa      |
| George Champlin | Mike Palumbo  |
| David Williams  | Ray Muschiano |
| Ed Sullivan     | Stan Hopkins  |
| Alex Sullivan   | Bruce Read    |

*The Long Cast editor does not maintain the mailing list of chapter members. The labels for the newsletter are obtained from the official roster of our chapter as stored at the TU National site. Please do not send change of address notices to the editor.*

**2004 OFFICERS & DIRECTORS**

- |                          |  |
|--------------------------|--|
| PRESIDENT                | Lawson Cary<br>401-828-2866  |
| VICE PRES.               | Chris Metakos<br>401-596-6603  |
| SECRETARY                | Tom O'Connell<br>401-322-1567  |
| TREASURER                | Ron Barstis<br>508-226-1382  |
| DIRECTORS                | Jim Martish<br>401 781-9189<br>Jay Boyer<br>401-539-0728<br>Bob Orpen<br>508-336-8978<br>Al Ball<br>401-379-4639 |
| IMMEDIATE PAST PRESIDENT | Malcolm Rochford<br>401-433-5827   |
| LONG CAST EDITOR         | Burt Strom<br>418 Pond Street<br>Wakefield, RI 02879<br>401-783-5938<br>flyfish@mtmfg.com                        |
| WEBMASTER                | Tom Moore<br>401-333-1192<br>TMoore@palmerdodge.com  |

## FLY OF THE MONTH THE DRAGONFLY NYMPH



The dragon flies are everywhere around us when we fish. Each of those adults started as a nymph, having spent the better part of two years growing at the bottom. In the wooded streams near

us, the large, fat, dragonfly nymphs should get fished a lot. They may be getting their due from our Woolly Buggers, but here is a more intentional pattern.

A feature of most of our dragon fly nymphs is their jet propulsion, about eight inches per burst, along the bottom. The nymph takes in water and propels it out its anus and zooms forward. Thus a quick strip is a good presentation for the dragon.

The dragon nymph has no tails but your fly can use a little decorative fraud, which can't hurt and may help. You can weight the body. If you do, lash your lead substitute wire along the sides of the shank and flatten for added width.

The method for tying the thorax is one popularized by Poul Jorgensen. It involves clipping a tuft of Australian possum and spreading into a dubbing loop. Look up the method as it is a very good one. You will be clipping this bushy thorax, (with the legs sticking out in every direction) along the top and the bottom in order to flatten the fly to its desired silhouette.

Tie this one and fish it in the vegetated areas of the river during the summer. Fish it on the bottom when everyone else is fishing inchworms and hoppers on the top. Give yourself a little variety and experimentation.

### Recipe

**Hook:** Nymph 2X or 3X long, number 6.

**Thread:** 6/0 black

**Tail:** short tuft of marabou or ostrich herl.

**Body:** Foundation: fine lead wire lashed to both sides of hook

**Abdomen:** Dubbed brown.

**Legs and thorax:** Australian possum in a dubbing loop.

**Eyes:** Burned mono painted red or green.

## OCTOBER PRESENTATION

Our own **Al Ball** will be giving a presentation at the October meeting. He, Lawson, and a few of their caddies were in British Columbia and Alberta during July. From their base in Fernie, BC they had access to hundreds of miles of wonderful fishing. The **Elk River** is an outstanding cutthroat trout fishery. The **Bow River** holds wild brown trout of 24 inches and up that rise to dusk emergent caddis dry flies and leap and fight. Al will also tell you about the **Crow's Nest**, a beautiful river in Alberta and also about some tributaries of these rivers, such as the Elk's **Michel Creek** whose scenery alone is worth a visit!

Al has been fishing this region for many years and can show you some real mouth watering stuff. When I was there I met people from Montana who went up there to "get away from all the people!" This area can only have a few more years of the splendid yet relatively unspoiled fishing it now has. You should not miss Al's presentation.

# The Long Cast

Narragansett Chapter  
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*Narragansett Chapter meetings are held on the last Wednesday of every month-September through May at the Greek Orthodox Annunciation Church, Oaklawn Ave. (Rte 5), Cranston, RI. Meetings start at 7:00 PM.*

**OUR NEXT MEETING  
WILL BE ON OCTOBER 27th**

